

# Independent Advocacy



For Adults and Older  
People in Glasgow  
affected by:

- » Mental Health
- » Learning Disability
- » Physical Disability
- » Dementia

The Advocacy Project is an independent, rights based organisation which believes that everyone has the right to take part fully in society.

**Our service is free and confidential.**

We will help you to:

- » Have your voice heard
- » Take control
- » Know your rights
- » Understand the choices & decisions in your life

[www.theadvocacyproject.org.uk](http://www.theadvocacyproject.org.uk)

## We will:

- » Put you first
- » Enable you to be in control
- » Visit you where you live
- » Explain issues and how they may affect you
- » Assist you to work with other agencies
- » Support you at meetings



Telephone

**0141 420 0961**



Email

**enquiry@theadvocacyproject.org.uk**



Our Website

**www.theadvocacyproject.org.uk**



**The Advocacy Project**

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**This leaflet is available in a range  
of accessible formats, please just ask.**