

# Independent Advocacy



For people 16+ who  
wish to access Self  
Directed Support

The Advocacy Project is an independent, rights based organisation which believes that everyone has the right to take part fully in society.

**Our service is free and confidential.**

We will help you to:

- » Have your voice heard
- » Take control
- » Know your rights
- » Understand the choices & decisions in your life

[www.theadvocacyproject.org.uk](http://www.theadvocacyproject.org.uk)

## We will:

- » Help you ask for an assessment for Self Directed Support (SDS) and support you through the process
- » Support you to express your support needs and personal outcomes to professionals
- » Assist you to understand the options you have for support delivery
- » Support you to challenge if you are unhappy with the SDS assessment



Telephone

**0141 420 0961**



Email

**[enquiry@theadvocacyproject.org.uk](mailto:enquiry@theadvocacyproject.org.uk)**



Our Website

**[www.theadvocacyproject.org.uk](http://www.theadvocacyproject.org.uk)**



**The Advocacy Project**

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